

Dear Parents,

As part of PSHE Education (Personal, Social, Health, Economic) it is advised to teach the children about how they will grow and change and how they can keep safe in the changing world. Below is an outline of the information covered in lessons. The majority of this work is safeguarding and emotional well-being. Those parts which are sex education are highlighted in blue. Parents have a right to withdraw their child from these three sessions if they so wish, but must do so in writing.

Year	Focus	Content
1	Personal Safety	<ul style="list-style-type: none"><li>• Me and My secrets</li><li>• It's OK to tell</li><li>• Worries</li><li>• Good and bad touches</li></ul>
2	Personal Growth and change Our Changing World	<ul style="list-style-type: none"><li>• Growing from young to old</li><li>• Correct terminology for body parts</li><li>• New baby in the family</li><li>• Different family situations</li></ul>
3	Personal Safety	<ul style="list-style-type: none"><li>• Self Respect</li><li>• Good secrets and bad secrets</li><li>• Good and bad touches</li><li>• Personal space</li><li>• Children's rights</li></ul>
4 4/5	Personal Growth and change Our Changing World	<ul style="list-style-type: none"><li>• My changing body</li><li>• My changing feelings and emotions</li><li>• Types of relationships</li><li>• Stereo types</li></ul>
5	Personal Safety	<ul style="list-style-type: none"><li>• Good and bad touches</li><li>• Risky situations</li><li>• Awareness of when relationship becomes sexual</li><li>• Grooming</li></ul>
6	Personal Growth and change Our Changing World	<ul style="list-style-type: none"><li>• Ambition and personal growth</li><li>• Changing family situations</li><li>• An awareness of sexual intercourse and contraception</li><li>• Giving birth and parenting</li></ul>

If you want more information, have any concerns or would like to see the school policy on this subject, please do not hesitate to contact the school.

Sarah Bell

Headteacher