

Monday, September 21, 2020

Dear Parents/Carers,

A number of children in our school have tested positive for COVID-19. The families of children in the year groups where these cases have been confirmed, have been informed (Year 1, Year 3 and Year 4) and government guidelines state that children in all other year groups should come to school as normal. We are currently liaising with Public Health England and if they feel that we should take any further action, we will inform you straight away.

It is VERY important that you get your child a COVID test as soon as possible, should they develop any symptoms, in order to maintain the safety and wellbeing of pupils, staff and our community.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared.

If your child develops symptoms of COVID-19, all other household members must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the house became ill.

If your child develops symptoms of COVID-19, household members should not go to work, school or public areas and exercise should be taken within the home. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, you can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period, if a family member develops symptoms of COVID-19.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia).

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <u>https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</u> or by phoning 111.



How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Thank you for your support Mrs Sarah Bell Headteacher