

Reedley - PSHE Progression Map 2022-2023

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2			
EYFS	<u>Myself and my world</u> <ul style="list-style-type: none"> Developing relationships Understanding feelings Learning to help our new friends, Creating whole class promise. Managing behaviour Internet safety 	<u>Celebrating similarities and differences</u> <ul style="list-style-type: none"> Uniqueness - what makes me special Showing sensitivity to own/others beliefs and celebrations Showing a sense of trust Dentists and oral hygiene Awareness of own and other's beliefs 	<u>Dreams and goals</u> <ul style="list-style-type: none"> Never giving up Goal setting Care of others & property 	<u>Relationships</u> <ul style="list-style-type: none"> Making friends Dealing with falling out Being a good friend Overcoming obstacles 	<u>We are always Changing</u> <ul style="list-style-type: none"> My body and being healthy Growing up Showing care for living things 	<u>Healthy me</u> <ul style="list-style-type: none"> My body and exercise Food and teeth cleaning Sleep Stranger Danger Sensitive to others beliefs Dealing with change 			
	Autumn: Relationships		Spring: Living in the wider world		Summer: Health and Wellbeing				
	<u>Families and friendships</u>	<u>Safe relationships</u>	<u>Respecting ourselves and others</u>	<u>Belonging to a community</u>	<u>Media literacy and digital resilience</u>	<u>Money and work</u>	<u>Physical health and Mental wellbeing</u>	<u>Growing and changing</u>	<u>Keeping safe</u>
1	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online

<u>2</u>	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies
<u>3</u>	What makes a family; features of family life	Personal boundaries; safely respond to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and re-framing setbacks	Risks and hazards; safety in the local environment and unfamiliar places
<u>4</u>	Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Emotional changes Personal identity Individuality and different qualities	Medicines and household products; drugs common to everyday life
<u>5</u>	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment; compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Emotional changes in Puberty, external Genitalia, personal hygiene routines wellbeing Mental health	Keeping safe in different situations, including responding in emergencies, first aid and

6	relationships; and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement managing time online	increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media
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